

DARRICK WOOD INFANT & NURSERY SCHOOL

FIRST AID & MEDICINE POLICY

MAY 2023

Next Review Date: May 2024

Staff should make themselves aware of all policies and amendments or updates to policies and adhere to the same, which will be made available on relevant websites and internal data and computer systems.

DARRICK WOOD INFANT & NURSERY SCHOOL FIRST AID & MEDICINE POLICY

Introduction

Chancery Education Trust believes that ensuring the health and welfare of staff, pupils and visitors is essential to the success of the Academy Schools.

We are committed to:

- Complete first aid needs risk assessments for every significant activity carried out.
- Providing adequate provision for first aid for pupils, staff and visitors.
- Ensuring that pupils and staff with medical needs are fully supported at the Academy Schools and suitable records of assistance required and provided are kept.
- First-aid materials, equipment and facilities are available, according to the findings of the risk assessment.
- Procedures for administering medicines and providing first aid are in place and are reviewed regularly.
- Promoting an open culture around mental health by increasing awareness, challenging stigma, and providing mental health tools and support.

We will ensure all staff (including supply staff) are aware of this policy and that sufficient trained staff are available to implement the policy and deliver against all individual healthcare plans, including in contingency and emergency situations.

We will also make sure that the Academy Schools are appropriately insured and that staff are aware that they are insured to support pupils in this way.

In the event of illness, a staff member will accompany the pupil to the Academy School office. In order to manage their medical condition effectively, the Academy School will not prevent pupils from eating, drinking or taking breaks whenever they need to.

The Trust also has a Control of Infections Policy which may also be relevant and all staff should be aware of.

This policy has safety as its highest priority: safety for the children and adults receiving first aid or medicines and safety for the adults who administer them.

This policy applies to all relevant Academy School activities and is written in compliance with all current UK health and safety legislation and has been consulted with staff and their safety representatives (Trade Union and Health and Safety Representatives).

Darrick Wood Infant & Nursery School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

Roles and Responsibilities

The Local Governing Board

- The Governing Board has ultimate responsibility for health and safety matters
 including First Aid in the Academy School.
- Ensure the first aid risk assessment and provisions are reviewed annually and/or after any operational changes, to ensure that the provisions remain appropriate for the activities undertaken.
- Provide first aid materials, equipment and facilities according to the findings of the risk assessment.

The Headteacher/Principal

- To carry out First Aid needs assessment for the school site, review annually and/or after any significant changes.
- Carry out an assessment of first aid needs appropriate to the circumstances of the workplace, review annually and/or after any significant changes.
- Ensuring that an appropriate number of appointed persons and/or trained first aid personnel are present in the Academy School at all times and that their names are prominently displayed throughout the Academy School.
- Ensuring that first aiders have an appropriate qualification, keep training up to date and remain competent to perform their role.
- Ensuring all staff are aware of first aid procedures.
- Ensuring appropriate risk assessments are completed and appropriate measures are put in place.
- Undertaking, or ensuring that managers undertake, risk assessments, as appropriate, and that appropriate measures are put in place.
- Ensuring that adequate space is available for catering to the medical needs of students.
- Reporting specified incidents to the Health and Safety Executive (HSE), when necessary.

The Senior First Aider/Healthcare Professional

- The Academy School work in conjunction with the local borough healthcare professional to ensure pupils with medical conditions are identified and properly supported in the Academy School, including supporting staff on implementing a pupil's Healthcare Plan.
- The Academy School healthcare professional will work with the Headteacher/Principal to determine the training needs of Academy School staff.
- Administer first aid and medicines in line with current training and the requirements of this policy.
- Periodically check the contents of each first aid box and any associated first aid equipment (e.g. Defibrillators) and ensure these meet the minimum requirements, quantity and use by dates and arrange for replacement of any first aid supplies or equipment which has been used or are out of date.
- Assist with completing an accident report forms and investigations.
- Notify manager when going on leave to ensure continual cover is provided during absence.

Appointed person(s) and first aiders

The Academy School have a number of staff who hold a current first aid and or paediatric first aid qualification. Posters with photos of all first aiders are on display in all rooms and shared areas in the school. Refer to the Academy School office for a current list of members who are trained in First Aid.

The appointed persons are responsible for:

- a) Taking charge when someone is injured or becomes ill
- b) Ensuring there is an adequate supply of medical materials in first aid kits, and replenishing the contents of these kits
- c) Ensuring that an ambulance or other professional medical help is summoned, when appropriate

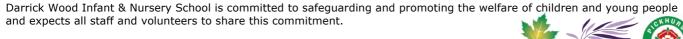
First aiders are trained and qualified to carry out the role and are responsible for:

- a) Acting as first responders to any incidents; they will assess the situation where there is an injured or ill person, and provide immediate and appropriate treatment.
- b) Sending students home to recover, where necessary
- c) Filling in an accident report on the same day, or as soon as is reasonably practicable, after an incident.
- d) Keeping their contact details up to date.

Mental Health First Aider

The appointed persons are responsible for:

- a) Provide mental health first aid as needed, at their level of competence and training
- b) Providing help to prevent mental health issues from becoming more serios before professional help can be accessed
- c) Promoting the recovery of good mental health
- d) Providing comfort to an individual with a mental health issue
- e) also act as an advocate for mental health in the workplace, helping reduce stigmas and enact positive change
- f) Escalate and document any matters if required within a suitable timeframe.
- g) Ensure they maintain confidentiality as appropriate.
- h) Be carried away from their normal duties at short notice
- i) Listen non-judgmentally



Staff Trained to Administer Medicines

Members of staff in the Academy School who have been trained to administer medicines must ensure that:

- a) That the trained member of staff is aware of the written parental permission outlining the type of medicine, dosage and the time the medicine needs to be given.
- b) Wherever possible, the student will administer their own medicine, under the supervision of a trained member of staff. In cases where this is not possible, the trained staff member will administer the medicine.
- c) If a child refuses to take their medication, staff will accept their decision and inform the parents accordingly.
- d) Records are kept of any medication given.

Other Staff

- Ensuring they follow first aid procedures.
- Ensuring they know who the first aiders in Academy School are and contact them straight away.
- Completing accident reports for all incidents they attend to where a first aider is not called.
- Informing the Headteacher/Principal or their manager of any specific health conditions or first aid needs.

Some members of staff are trained to use the school's defibrillator

Arrangements

First Aid Kits

First aid kits are located in:

- Every classroom and school office
- Full first aid kits are held in the office reception area /first aid station/outside main hall
- A trauma emergency kit is held outside the school office for significant emergencies

Medication

Pupils' medication is stored in:

- The Academy School Office cupboard
- Classroom medical bags

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First Aid Needs Risk Assessment

- The academy will ensure a first aid needs risk assessment is completed to establish if there is adequate and appropriate first aid provisions in place.
- The academy will ensure this assessment is reviewed when significant changes occur.
- A sufficient number of staff will be trained in First Aid At Work and/or Emergency First Aid A Work as per the outcome of the first aid risk assessment. Re-fresher training will be provided as required.
- A sufficient number of staff will receive specialist training as identified with the first aid needs risk assessment or as required within student's individual health care plans.

Early Years Requirements

- The academy ensures first aid requirements set out in the statutory framework for early years foundation stage are in place.
- The academy ensure enough paediatric first aiders are in place as per the academy's first aid needs risk assessment and early years requirements.
- The academy will ensure all staff who obtained a level 2 or level 3 qualification on or after 30 June 2016 have either a full PFA or an emergency PFA certificate within 3 months of starting work to be included in the required staff to child ratios at level 2 or level 3 in an early years' setting.
- The academy will ensure paediatric first aid training is renewed every 3 years.
- The academy will aim to achieve the Millie's Mark Award (https://www.milliesmark.com/). The aim of Millie's Mark is to keep children safe and minimise risk and accidents by:
 - Raising standards in paediatric first aid.
 - o Increasing number of paediatric first aid trained staff.
 - Increasing confidence and competencies in applying paediatric first aid – no matter what the situation.
 - o Enabling trained staff to respond quickly in emergencies.
 - Raising the quality and skills of the early years' workforce and helping them with day-to-day first aid issues, such as allergies.
 - o Providing reassurance to parents.

First Aid Provision

In the case of a pupil accident, the procedures are as follows:

- The member of staff calls for a first aider; or if the child can walk, takes him/her to a first aid post and calls for a first aider.
- The first aider administers first aid and records details on Scholarpack medical section.
- In more serious circumstances, the parent/carer will be contacted by SLT or the Senior First Aid Lead and details of the incident and first aid treatment recorded on Scholarpack.
- All first aid recorded on Scolarpack is emailed to the parents before the end of the school day.
- If the child has to be taken to hospital or the injury is `work' related then the accident is reported to the Governing Board.
- If the incident is reportable under RIDDOR (Reporting of Injuries, Diseases & Dangerous Occurrences Regulations 2013), the Headteacher will discuss with the Site Manager who lead. An investigation will take place and the subsequent report will be recorded on the RIDDOR form. Then as the employer the Governing Body will arrange for this to be done.

Participants in Grassroots Sport – new guidance 28th April 2023

The Government and the Sport and Recreation Alliance has published a Concussion Guideline for Grassroots Sport which will help players, coaches, parents, schools, National Governing Bodies and sports administrators to identify, manage and prevent the issue.

The guidelines, developed by an expert panel of domestic and international clinicians and academics in neurology and sports medicine, sets out steps to improve understanding and awareness of the prevention and treatment of concussion in grassroots sport where trained medical professionals are less likely to be routinely present. It is targeted at people of all ages.

'If in doubt, sit them out' is the strapline, making clear no-one should return to sport within 24 hours of a suspected concussion.

Players, parents, coaches, teachers and administrators are now asked to read the guidance and familiarise themselves with the necessary steps to:

- RECOGNISE the signs of concussion;
- REMOVE anyone suspected of being concussed immediately and;
- RETURN safely to daily activity, education/work and, ultimately, sport.

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The guidelines include a recommendation to call NHS 111 within 24 hours of a potential concussion, to rest and sleep as much as needed for the first 24 to 48 hours and avoid using devices which involve screen time.

Concussion can affect people in four main areas,

Physical

e.g. headaches, dizziness, vision changes

Mental processing

e.g. not thinking clearly, feeling slowed down

Mood

e.g. short tempered, sad, emotional

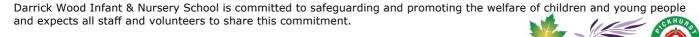
Sleep

e.g. not being able to sleep or sleeping too much

There may be times when the person may have no visible signs such as looking blank and being off balance. It can be very difficult to differentiate concussion from other more serious injuries, such as bleeding in the brain. Other significant injuries such as injuries to the neck or face can also occur along with concussion.

UK Government Guidance:

 $\frac{http://sramedia.s3.amazonaws.com/media/documents/9ced1e1a-5d3b-4871-9209-bff4b2575b46.pdf}{}$



Plasters

Before applying plasters, First Aiders should try to make sure the child is not allergic to plasters. This can be checked on the medical register, which details all medical information of the children. If the First Aider is aware that the child is allergic to plasters the procedure is:

- If a parent has supplied the Academy School with an alternative type of plaster the first aider is able to use this
- If an alternative has not been supplied the first aider will:
- Clean the wound
- If bleeding ceases the child will be returned to their previous activity
- If the bleeding cannot be stopped the parent is contacted to deal with the situation or an ambulance will be called if necessary.

Hygiene and Infection Control

All staff should take precautions to avoid infection and must follow basic hygiene procedures. Staff should have access to single-use disposable gloves and hand washing facilities, and should take care when dealing with blood or other body fluids and disposing of dressings or equipment.

Managing Head lice in Schools

The Academy School will promptly notify parents of active head lice infestations (see Appendix 2). Having head lice is not a reason for school absence as treatment can be administered quickly. However, should live head lice be noticed by a member of staff, a call will be made to the parent who will be asked to collect the child immediately. Thoroughly combing through the hair or applying a treatment quickly at home will enable the child to be back at school on the same day (unless of course parents are notified late in the afternoon). If the infestation continues for more than three weeks, the Headteacher/Principal will call the parents to discuss what is being done to eradicate the head lice.

Vomiting and Diarrhea

A child with vomiting and/or diarrhea should not be brought to school until 48 hours after symptoms have stopped and they are well enough to return.

If a child has a bout of vomiting and/or diarrhea whilst in school, the parents will be notified and asked to collect their child from school. The child should stay away from school for 48 hours after the symptoms have ceased and are well enough to return.

Sun Protection

During summer months, parents should ensure their child brings to school a suitable hat and a water bottle.

Parents should ensure their child has applied sunscreen to all exposed areas before coming to school, single application sun creams are available. Children can bring their own sun cream into school, clearly labelled with their name. Staff will supervise children applying their own sunscreen, when appropriate.

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Academy School Insurance Arrangements

DWIS: Zurich KSC 242095-4463

Educational Visits

- In the case of a residential visit, the residential first aider will administer First Aid. Reports will be completed in accordance with procedures at the Residential Centre.
- In the case of day visits, the class teacher will carry a travel kit in case of need.

Administering Medicines in the Academy School

Medicines may be administered in the Academy School (by a staff member appropriately trained by a healthcare professional) where it is deemed essential. Most medicines can be taken outside of normal Academy School hours. Wherever possible, the pupil will administer their own medicine, under the supervision of a member of staff. In cases where this is not possible, the staff member will administer the medicine.

If a child refuses to take their medication, staff will accept their decision and inform the parents accordingly.

In all cases, we <u>must</u> have written parental permission outlining the type of medicine, dosage and the time the medicine needs to be given. These forms are available in the Academy School office.

Staff will ensure that records are kept of any medication given.

Storage/Disposal of Medicines

Children will not be allowed to carry their own medicines/relevant devices, unless in exceptional circumstances. Children and staff must be able to access their medicines/relevant devices in the Academy School office and/or classroom for self-medication, quickly and easily. Pupils' medicine will not be locked away out of pupil's access; this is especially important on Academy School trips.

It is the parents/carers responsibility to ensure all medication for their child is 'in date' and is replaced by the parent/carer when nearing to end of life and not the Academy School's responsibility to remind parents when this is.

It is not the responsibility of the Academy School to remind parents to collect medicines that are no longer required or are out of date.

It is the responsibility of the parent/carer to collect all medicine if a child leaves the school or the medicine goes out of date. If a child leaves the Academy School or the medicine goes out of date and it has not been collected after a period of one week, the school will dispose of the medicine appropriately, without contacting the parent/ carer.

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Adrenalin Auto Injectors and Asthma inhalers will be held by the Academy School for emergency use, as per the Department of Health's protocol.

Accidents/Illnesses requiring Hospital Treatment

If a child has an incident, which requires urgent or non-urgent hospital treatment, the Trust will be responsible for calling an ambulance in order for the child to receive treatment. When an ambulance has been arranged, a staff member will stay with the pupil until the parent arrives, or accompany a child taken to hospital by ambulance if required.

Parents will then be informed and arrangements made regarding where they should meet their child. It is vital therefore, that parents provide the Academy School with up-to-date contact names and telephone numbers.

Allergies

- Allergy is the response of the body's immune system to normally harmless substances, such as foods, pollen, and house dust mites. Whilst these substances (allergens) may not cause any problems in most people, in allergic individuals their immune system identifies them as a 'threat' and produces an inappropriate response. This can be relatively minor, such as localised itching, but it can be much more severe causing anaphylaxis which can lead to upper respiratory obstruction and collapse. Common triggers are nuts and other foods, venom (bee and wasp stings), drugs, latex and hair dye. Symptoms often appear quickly and the 'first line' emergency treatment for anaphylaxis is adrenaline which is administered with an Adrenaline Auto-Injector (AAI).
- Arrangements are in place for whole-school awareness training on allergies.

Defibrillators

A Defibrillator is available within the Academy School as part of the first aid equipment. Some first aiders are trained in the use of defibrillators.

The local NHS ambulance service has been notified of its location. The defibrillator is located in the main entrance area of the school.

Procedures are in place to maintain the equipment in accordance with manufacturers recommendations.

The equipment is regularly checked by: DWINS: A member of the admin team

Pupils with Special Medical Needs - Individual Healthcare Plans

Some pupils have medical conditions that, if not properly managed, could limit their access to education.

These children may be:

- Epileptic
- Asthmatic
- Have severe allergies, which may result in anaphylactic shock
- Diabetic

Such pupils are regarded as having medical needs. Most children with medical needs are able to attend school regularly and, with support from the Academy School, can take part in most Academy School activities, unless evidence from a clinician/GP states that this is not possible.

The Academy School will consider what reasonable adjustments they might make to enable children with medical needs to participate fully and safely on Academy School visits. A risk assessment will be used to take account of any steps needed to ensure that pupils with medical conditions are included.

The Academy School will not send pupils with medical needs home frequently or create unnecessary barriers to pupils participating in any aspect of Academy School life. However, Academy School staff may need to take extra care in supervising some activities to make sure that these pupils, and others, are not put at risk.

An individual health care plan will help schools to identify the necessary safety measures to support pupils with medical needs and ensure that they are not put at risk. The Academy School appreciates that pupils with the same medical condition do not necessarily require the same treatment.

Parents/Carers have prime responsibility for their child's health and should provide the school with information about their child's medical condition. Parents, and the pupil if they are mature enough, should give details in conjunction with their child's GP and Paediatrician. The Senior First Aider/Nurse/Healthcare Professional may also provide additional background information and practical training for Academy School staff.

Procedure that will be followed when the Academy School is first notified of a pupil's medical condition:

A Parental Agreement for the Academy School to administer medicine form is filled out by the parent/carer. Staff are notified, via email and visuals placed in staff room, Academy School office and classroom medical bag.

This will be in place in time for the start of the relevant Academy School term for a new pupil starting at the Academy School or no longer than two weeks after a new diagnosis or in the case of a new pupil moving to the Academy School midterm. This is reliant on the parent/carer filling out the correct documentation and providing the medication.

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No edible products can be bought into the Academy School and distributed by either teachers or pupils as we are unable to guarantee that they do not contain nuts or other food products that can cause allergic reactions.

Accident Recording and Reporting

First aid and accident record book

- a) An accident form will be completed by the relevant member of staff on the same day or as soon as possible after an incident resulting in an injury. A copy will be emailed or printed out and sent to parents.
- b) As much detail as possible should be supplied when completing the accident form which must be completed fully.
- c) A copy of the accident report form may also be added to the student's educational record by the relevant member of staff.
- d) Records held in the first aid and accident book will be retained by the Academy School for a minimum of 3 years, in accordance with regulation 25 of the Social Security (Claims and Payments) Regulations 1979, and then securely disposed of.

Reporting to the HSE

- a) The Headteacher/Principal will keep a record of any accident which results in a reportable injury, disease, or dangerous occurrence as defined in the RIDDOR 2013 legislation (regulations 4, 5, 6 and 7).
- b) The Headteacher/Principal will report these to the Health and Safety Executive as soon as is reasonably practicable and in any event within 15 days of the incident. Reportable injuries, diseases or dangerous occurrences include:
 - Death
 - Specified injuries, which are:
 - Fractures, other than to fingers, thumbs and toes
 - Amputations
 - Any injury likely to lead to permanent loss of sight or reduction in sight
 - Any crush injury to the head or torso causing damage to the brain or internal organs
 - Serious burns (including scalding)
 - Any scalping requiring hospital treatment
 - Any loss of consciousness caused by head injury or asphyxia
 - Any other injury arising from working in an enclosed space which leads to hypothermia or heat-induced illness, or requires resuscitation or admittance to hospital for more than 24 hours
 - Injuries where an employee is away from work or unable to perform their normal work duties for more than 7 consecutive days (not including the day of the incident).

DARRICK WOOD

• Where an accident leads to someone being taken to hospital

- Near-miss events that do not result in an injury, but could have done.
 Examples of near-miss events include, but are not limited to:
 - The collapse or failure of load-bearing parts of lifts and lifting equipment.
 - The accidental release of a biological agent likely to cause severe human illness.
 - The accidental release or escape of any substance that may cause a serious injury or damage to health.
 - An electrical short circuit or overload causing a fire or explosion.
- c) Information on how to make a RIDDOR report is available here: http://www.hse.gov.uk/riddor/report.htm

Notifying parents

The Headteacher, together with the first aider who has administered the first aid check will inform parent/carer of any accident or injury sustained by the student, and any first aid treatment given, on the same day.

Reporting to Ofsted and child protection agencies

- a) The Headteacher/Principal will notify Ofsted of any serious accident, illness or injury to, or death of, a student while in the Academy School care. This will happen as soon as is reasonably practicable, and no later than 14 days after the incident.
- b) The Headteacher/Principal will also notify the relevant Local Authority of any serious accident or injury to, or the death of, a student while in the Academy School care.

Mental Health First Aid

- The Academy School is committed to ensuring mental health first aid is provided to staff. A mental health first aider's role in the Academy School is to act as the first point of contact for people with mental health issues, providing support and guidance to staff. The Academy School's mental health first aiders will also act as an advocate for mental health in the workplace, helping reduce stigmas and enact positive change.
- The Academy School's mental health first aiders are here to support individuals who are struggling with mental health. They have been trained to actively listen without judgment and signpost staff to appropriate services where necessary.
- The Academy School recognises that respecting the privacy of information relating to individuals who have received mental health first aid or may be experiencing a mental health problem or mental health crisis at work is of high importance.
- All mental health first aiders and human resources representatives are obligated to treat all matters sensitively and privately

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- Where a mental health first aider assesses there is a risk of harm to another individual, they must escalate the matter to HR/Line Manager who will advise on the next steps to be taken.
- All staff are encouraged to speak to a mental health first aider at any time should they feel they may be developing a mental health problem, experiencing a worsening of an existing mental health illness or experiencing a mental health crisis.
- If at any time a member of staff forms a belief that another colleague may be developing a mental health problem, suffering from a mental illness or experiencing a mental health crisis, they should contact a mental health first aider or HR/Line Manager.
- The Academy School ensures all staff have access to supporting told and information. All staff are encouraged to access this information at any time.

Staff Training

Full staff medical training plans will be retained in the Chancery Education Trust Administrator's office to evidence medical training completed by staff throughout the year.

Conclusions

- This First Aid and Medicine policy reflects the Academy School's serious intent
 to accept its responsibilities in all matters relating to management of first aid
 and the administration of medicines. The clear lines of responsibility and
 organisation describe the arrangements which are in place to implement all
 aspects of this policy.
- The storage, organisation and administration of first aid and medicines provision is taken very seriously. The Academy School carries out regular reviews to check the systems in place meet the objectives of this policy.

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Appendix 1

Forms

Form 1:	Contacting Emergency Services
Form 2:	Health Care Plan
Form 3:	Parental agreement for Academy School to administer medicine
Form 3A:	Record of regular medicine administered to an individual child
Form 4:	Indication for administration of medication during epileptic seizures
Form 4A:	Epileptic seizure chart
Form 5:	Emergency instruction for an allergic reaction - EpiPen®
Form 5A:	Emergency Instructions for an allergic reaction - Emerade®
Form 5B:	Emergency Instructions for an allergic reaction - Jext®
Form 6:	Symptom and Action flowchart for dealing with an asthma attack
Form 6A:	School asthma card

FORM 1

Contacting Emergency Services

Request for an Ambulance Dial 999, ask for ambulance and be ready with the following information:				
1.	Your telephone number:			
2.	Give your location as follows (insert Academy School address)			
3.	State that the postcode is:			
4.	Give exact location in the Academy School (insert brief description)			
5.	Give your name:			
6.	Give name of child and a brief description of child's symptoms			
7.	Inform Ambulance Control of the best entrance and state that the crew will be met and taken to the casualty			
	c clearly and slowly and be ready to repeat information if asked completed copy of this form by the telephone			

Form 2 - Individual Health Care Plan (IHCP)

1 CHILD/ YOUNG PERSON'S INFORMATION





Child's name:					
Date of birth:					
Year group:					
Nursery/School/College:					
Home Address:	Home Address:				
Town:					
Postcode:					
Medical condition(s): Give a brief description of condition(s) including des signs, symptoms, triggers behaviours.	cription of				
Allergies:					
Date:					
Document to be update	d:				
1.2 FAMILY CONTACT I	NFORMATIO)N			
Name (1):			Name (2):		
Relationship:			Relationship:		
Home phone number:			Home phone number:		
Mobile phone number:			Mobile phone number:		
Work phone number:	rk phone number:		Work phone number:		
Email:	nail:		Email:		
1.3 ESSENTIAL INFORMATION CONCERNING THIS CHILD/YOUNG PERSON'S HEALTH NEEDS					
		Name		Cont	act details
Specialist nurse: (if applicable)					
Key worker:					
Consultant paediatricia (if applicable):	n:				
GP:					
Health visitor/ school r	nurse:				
Link person in education	n:				
Class teacher:					
SEN co-ordinator:					
Other relevant teaching	g staff:				
Other relevant non-tea staff:	ching				
Headteacher / Principa	l:				
Person with overall res for implementing plan:	ponsibility				
Any provider of alterna provision:	te				

This child/young person has the following medical condition(s) requiring the following treatme	This child/young	person has the followin	g medical condition(s)	requiring	the following	treatment
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Medical condition	Medicine	Dose	When	How is it administered?
Does treatment of to condition affect belo concentration?				
Are there any side on medication?	effects of the			
Is there any ongoin that is not being ad n school? What are effects?	ministered			
Any medication will	l be stored			
2. ROUTINE MONIT	ORING (IF APPI	ICABLE)		
Some medical condition	ons will require m	onitoring to help mana	age the child/young pers	son's condition.
What monitoring is	required?			
When does it need	to be done?			
	inmont?			
Does it need any eq	_l uipment?			
Does it need any ed	juipment?			
Does it need any eq	juipment?			
	juipment?			

3. EMERGENCY SITUATIONS

An emergency situation occurs whenever a child/ young person needs urgent treatment to deal v	ai with their cond	iltion
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All efficiency situation occurs wherev	er a crilid/ young person needs digent	treatment to dear with their condition.
What is considered an emergency situation?		
What are the symptoms?		
What are the triggers?		
What action must be taken?		
Are there any follow up actions (e.g. tests or rest) that are required?		
4. IMPACT ON CHILD'S LEARNING		
How does the child's medical condition affect learning? i.e. memory, processing speed, coordination etc		
Does the child require any further assessment of their learning?		
5. IMPACT ON CHILD'S LEARNING		
	Time	Note
Arrive at school		
Morning break		
Lunch		
Afternoon break		
School finish		
After school club (if applicable)		
Other		

6. CARE AT MEALTIMES

What care is needed?	
When should this care be provided?	
How's it given?	
If it's medication, how much is needed?	
Any other special care required?	
7. PHYSICAL ACTIVITY	
Are there any physical restrictions caused by the medical condition(s)?	
Is any extra care needed for physical activity?	
Actions before exercise	
Actions during exercise	
Actions after exercise	
8. TRIPS AND ACTIVITIES AWAY FI	ROM SCHOOL
What care needs to take place?	
When does it need to take place?	
If needed, is there somewhere for care to take place?	
Who will look after medicine and equipment?	
Who outside of the school needs to be informed?	
Who will take overall responsibility for the child/young person on the trip?	

9. SCHOOL ENVIRONMENT

condition?

Can the school environment affect the child's medical

How does the school environment affect the child's medical condition?	
What changes can the school make to deal with these issues?	
Location of school medical room	
10. EDUCATIONAL, SOCIAL & EMOT	TIONAL NEEDS
	e to attend clinic appointments to review their condition. These absence and should not count towards a child's attendance record.
Is the child/young person likely to need time off because of their condition?	
What is the process for catching up on missed work caused by absences?	
Does this child require extra time for keeping up with work?	
Does this child require any additional support in lessons? If so what?	
Is there a situation where the child/young person will need to leave the classroom?	
Does this child require rest periods?	
Does this child require any emotional support?	
Does this child have a 'buddy' e.g. help carrying bags to and from lessons?	
11. STAFF TRAINING	
	naking sure staff have received appropriate training to look after a discussion by the second by the
What training is required?	
Who needs to be trained?	
Has the training been completed? Please sign and date.	

Other healthcare professions	als are:		
	Name	Signatures	Date
Young person			
Parents/carer			
Healthcare professional			
School representative			
Discussed with School Nurse at Termly Review Meeting			

Please use this section for any additional information for this child or young person.

Form 3

Parental agreement for [ENTER ACADEMY SCHOOL NAME] to administer medicine

The Academy School will not give your child medicine unless you complete and sign this form.

All medicines must be in the original container, in date and with the label as dispensed by the pharmacy. One form to be completed for each medicine.

I understand that:

- I must deliver the medicine safely to the office
- I give consent to staff to administer emergency medication (Auto Adrenaline Injectors and asthma inhalers) held by the Academy School if my child has already been prescribed any of these medicines/devices by their GP
- Children will not be allowed to carry their own medicines/relevant devices, unless in exceptional circumstances, that the office must be informed of, but will be able to access their medicines in the office and/or classroom for selfmedication, quickly and easily. Pupils' medicine will not be locked away out of pupil's access.
- It is the parents/carers responsibility to ensure all medication for their child is 'in date' and is replaced by the parent/carer when nearing to end of life and not the School's/Academy's responsibility to remind parents when this is.
- It is not the responsibility of the Academy School to remind parents to collect medicines that are no longer required or are out of date.
- It is the responsibility of the parent/carer to collect all medicine if a child leaves the Academy School or the medicine goes out of date. If a child leaves the Academy School or the medicine goes out of date and it has not been collected after a period of one week, the Academy School will dispose of the medicine appropriately, without contacting the parent/carer.

The information I have provided is, to the best of my knowledge, accurate at the time of writing and I give consent to appropriately trained staff administering medicine in accordance with the Policy. I will inform the Academy School immediately, in writing, if there is any change in dosage or frequency of the medication or if the medicine is stopped. I give consent that any unused or out of date medication may be disposed of accordingly by the Academy School office unless otherwise specified.

Parent's Signature	
Print Name	
Date	

FORM 3A

Record of regular medicine administered to an individual child

Pupil Name:	
Class:	

		Medication Administered (state name and dose)				Parent		
Date	Time	Asthma	Chamber Cleaned Y/N	Allergy	Other	Sign	Notes	Informed (if applicable)

FORM 4

INDICATION FOR ADMINISTRATION OF MEDICATION DURING SEIZURES

Pupil Name	D.O.B
Initial medication prescribed:	
Route to be given:	
Usual presentation of seizures:	
When to give medication:	
Usual recovery from seizure:	
Action to be taken if initial dose not effectiv	e:

This procedure is agreed with parents consent. Only staff trained to administer seizure medication will perform this procedure. All seizures requiring treatment in the Academy School will be recorded. This procedure will be reviewed annually unless a change of recommendations is instructed sooner.

This information will not be locked away to ensure quick and easy access should it be required.

FORM 4A

SEIZURE MEDICATION CHART

Pupil Name:	
Medication type and dose: _	
Criteria for administration:	

Date	Time	Given by	Observation/evaluation of care	Signed/date/ time

FORM 5 EpiPen®

EMERGENCY INSTRUCTIONS FOR AN ALLERGIC

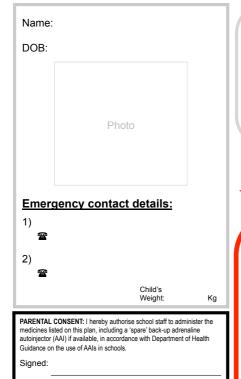




Allergy Action Plan



THIS CHILD HAS THE FOLLOWING ALLERGIES:



How to give EpiPen®

Date:



(PRINT NAME)

Form fist around EpiPen® and PULL OFF BLUE SAFETY CAP



SWING AND PUSH ORANGE TIP against outer thigh (with or without clothing) until a click is heard



HOLD FIRMLY in



REMOVE EpiPen®. Massage injection site for 10 seconds

©The British Society for Allergy & Clinical Immunology, 09/2017

Mild-moderate allergic reaction:

- · Swollen lips, face or eyes
- Itchy / tingling mouth
- Abdominal pain or vomiting
- Hives or itchy skin rash
- · Sudden change in behaviour

ACTION:

- Stay with the child, call for help if necessary
- Locate adrenaline autoinjector(s)
- · Give antihistamine:
- Phone parent/emergency contact

(if vomited, can repeat dose)

Watch for signs of ANAPHYLAXIS (life-threatening allergic reaction)

 Anaphylaxis may occur without skin symptoms: ALWAYS consider anaphylaxis in someone with known food allergy who has SUDDEN BREATHING DIFFICULTY

AIRWAY: Persistent cough, hoarse voice

difficulty swallowing, swollen tongue **Breathing**: Difficult or noisy breathing,

THING: Difficult or noisy breathing, wheeze or persistent cough

Consciousness: Persistent dizziness / pale or floppy

suddenly sleepy, collapse, unconscious

If ANY ONE (or more) of these signs are present:

1. Lie child flat:

(if breathing is difficult, allow child to sit)







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- 2. Use Adrenaline autoinjector (eg. Epipen) without delay
- 3. **Dial 999** for ambulance and say ANAPHYLAXIS ("ANA-FIL-AX-IS")

*** IF IN DOUBT, GIVE ADRENALINE ***

After giving Adrenaline:

- Stay with child until ambulance arrives, do NOT stand child up
- 2. Commence CPR if there are no signs of life
- 3. Phone parent/emergency contact
- If no improvement after 5 minutes, give a 2nd adrenaline dose using a second autoinjector device, if available.

You can dial 999 from any phone, even if there is no credit left on a mobile. Medical observation in hospital is recommended after anaphylaxis.

Additional instructions:				
This is a medical document that can only be completed by the child's healthcare professional. It must not be altered without their permission. This document provides medical authorisation for schools to administer a 'spare' back-up adrenaline autoinjector if needed, as permitted by the Human Medicines (Amendment) Regulations 2017.				
This plan has been prepared by:				
SIGN & PRINT NAME:				
Hospital/Clinic:				
2	Date:			

TEMPORAILY WITHDRAWN

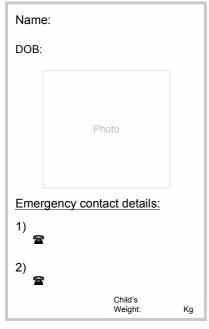
FORM 5A Emerade® EMERGENCY INSTRUCTIONS FOR AN ALLERGIC REACTION- Emerade

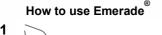


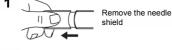
Allergy Action Plan



THIS CHILD HAS THE FOLLOWING ALLERGIES:

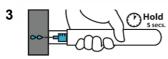








PLACE and PRESS against the outer thigh



HOLD in place for 5 seconds. Lightly massage injection site afterwards

Emerade can be kept at any ambient temperature, but do not freeze. For more information and to register for a free reminder alert service, go to www.emerade-bausch.co.uk

Produced in conjunction with:





www.allergyuk.org

www.anaphylaxis.org.uk

©The British Society for Allergy & Clinical Immunology www.bsaci.org Approved Jan 2014

Mild-moderate allergic reaction:

- · Swollen lips, face or eyes
- Itchy / tingling mouth
- · Abdominal pain or vomiting
- Hives or itchy skin rash
- Sudden change in behaviour

ACTION:

- · Stay with the child, call for help if necessary
- Give antihistamine:
- · Contact parent/carer

(if vomited, can repeat dose)

Watch for signs of ANAPHYLAXIS (life-threatening allergic reaction):

AIRWAY: Persistent cough, hoarse voice,

difficulty swallowing, swollen tongue

Breathing: Difficult or noisy breathing,

wheeze or persistent cough

Consciousness: Persistent dizziness / pale or floppy

suddenly sleepy, collapse, unconscious

If ANY ONE of these signs are present:

- 1. Lie child flat. If breathing is difficult, allow to sit
- 2. Give Emerade®
- 3. Dial 999 for an ambulance* and say ANAPHYLAXIS ("ANA-FIL-AX-IS")

If in doubt, give Emerade®

After giving Emerade:

Additional instructions:

- 1. Stay with child, contact parent/carer
- 2. Commence CPR if there are no signs of life
- If no improvement after 5 minutes, give a further Emerade[®] or alternative adrenaline autoinjector device, if available

*You can dial 999 from any phone, even if there is no credit left on a mobile Medical observation in hospital is recommended after anaphylaxis.

This is a medical document that can only be completed by the patient's treating health professional and cannot be altered without their permission.
This plan has been prepared by:
Hospital/Clinic:
₽ Date:

DARRICK WOOD

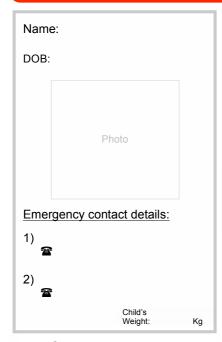
FORM 5B Jext® EMERGENCY INSTRUCTIONS FOR AN ALLERGIC REACTION-Jext



Allergy Action Plan



THIS CHILD HAS THE FOLLOWING ALLERGIES:



Jext®: Instructions for use



Grasp the Jext° injector in your hand with your thumb closest to the yellow cap. Pull off the yellow cap.



Push the black tip firmly into your outer thigh until you hear a 'click' then keep it pushed in. Hold in place for 10 seconds (a slow count to 10) then remove.

lack tip firmly duter thigh until cilick then keep n. Hold in place onds (a slow 'anaphylaxis')

Massage the injection area for 10 seconds. (dial 999, ask for an ambulance and say 'anaphylaxis')

Keep your Jext device(s) at room temperature, do not refrigerate.

For more information and to register for a free reminder alert service, go to www.jext.co.uk

Produced in conjunction with:





Place the black tip against outer thigh, holding the

injector at a right angle to the thigh

©The British Society for Allergy & Clinical Immunology www.bsaci.org Approved Oct 2013

Mild-moderate allergic reaction:

- · Swollen lips, face or eyes
- Itchy / tingling mouth
- Abdominal pain or vomiting
- Hives or itchy skin rash
- Sudden change in behaviour

ACTION:

- Stay with the child, call for help if necessary
- Give antihistamine:
- · Contact parent/carer

(if vomited, can repeat dose)

Watch for signs of ANAPHYLAXIS (life-threatening allergic reaction):

AIRWAY: Persistent cough, hoarse voice,

difficulty swallowing, swollen tongue

Breathing: Difficult or noisy breathing,

wheeze or persistent cough

Consciousness: Persistent dizziness / Pale or floppy

Suddenly sleepy, collapse, unconscious

If ANY ONE of these signs are present:

- 1. Lie child flat. If breathing is difficult, allow to sit
- 2. Give Jext®
- 3. Dial 999 for an ambulance* and say ANAPHYLAXIS ("ANA-FIL-AX-IS")

If in doubt, give Jext®

After giving Jext:

- 1. Stay with child, contact parent/carer
- 2. Commence CPR if there are no signs of life
- If no improvement after 5 minutes, give a further Jext[®] or alternative adrenaline autoinjector device, if available

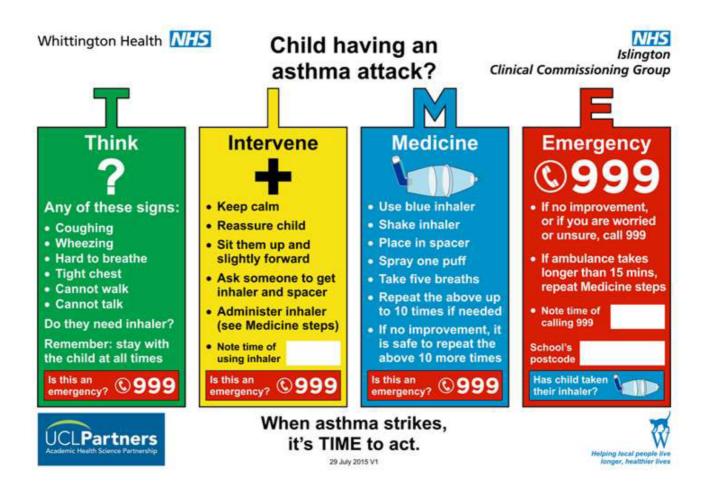
*You can dial 999 from any phone, even if there is no credit left on a mobile Medical observation in hospital is recommended after anaphylaxis.

Additional instructions:				
This is a medical document that can only be completed by the patient's treating health professional and cannot be altered without their permission.				
This plan has been prepared by:				
Hospital/Clinic:				
≅	Date:			

DARRICK WOOD

Form 6: Symptom and Action Flowchart for Asthma attack

Children are expected to administer their own asthma pump, but will be assisted if necessary.



Darrick Wood Infant & Nursery School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

Form 6A: School Asthma Card

School Does your child tell you when he/she needs medicine? Yes **Asthma Card** Does your child need help taking his/her asthma medicines? Yes No What are your child's triggers (things that make their Child's name asthma worse)? Date of birth Does your child need to take medicines before exercise or play? Parent/carer's Yes No Telephone -If yes, please describe below home Medicine How much and when taken Telephone -Doctor/nurse's Does your child need to take any other asthma medicines name while in the school's care? Doctor/nurse's telephone Yes This card is for your child's school. Review the card at least If yes please describe below once a year and remember to update or exchange it for Medicine How much and when taken a new one if your child's treatment changes during the year. Medicines should be clearly labelled with your child's name and kept in agreement with the school's policy. Dates card checked by doctor or nurse Reliever treatment when needed For shortness of breath, sudden tightness in the chest, Date Name Job title Signature wheeze or cough, give or allow my child to take the medicines below. After treatment and as soon as they feel better they can return to normal activity. Medicine Parent/carer's signature What to do if a child is Expiry dates of medicines checked having an asthma attack Medicine Date checked Parent/carer's signature Help them sit up straight and keep calm. Help them take one puff of their reliever inhaler (usually blue) every 30-60 seconds, up to a maximum of 10 puffs. Call 999 for an ambulance if: their symptoms get worse while they're using their inhaler – this could be a cough, breathlessness, wheeze, tight chest or sometimes a child will say they have a 'tummy ache What signs can indicate that your child is having an asthma attack? . they don't feel better after 10 puffs · you're worried at any time. You can repeat step 2 if the ambulance is taking longer than 15 minutes. Any asthma questions? Call our friendly helpline nurses Parent/carer's signature 0300 222 5800 (9am - 5pm: Mon - Fri) www.asthma.org.uk

Darrick Wood Infant & Nursery School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

Appendix 2

Dear Parents & Carers,

HEAD LICE

There have been a couple of reports of head lice in school recently.

Please make it a regular habit to check your child's hair for head lice and treat if need be.

Treatment is only really effective if **EVERY** parent is vigilant in checking for head lice and treating appropriately.

Head lice like short or long hair, so even if your child has short hair, it is important to check accordingly.

Please see the notes on the reverse of this letter for further information on what to look for and how to treat.

Thank you for your co-operation.

Yours sincerely,

The Academy School Office

What are the signs and symptoms of lice?

Head lice are usually visible in the hair and on the scalp, especially during brushing. Some children might also feel itchy. The eggs are white in colour and can be found near the scalp. Head lice can reproduce and mature very quickly, so a few can quickly grow in number over a very short period of time.

How are lice normally treated?

If you suspect head lice, check the base of the hairs for eggs. They are oval, yellow or white, and tiny, less than one millimetre long. Also look carefully at the hair to see if you can spot adult lice. Favourite spots for infestation are behind the ears, and at the nape of the neck. If you can't see anything, try combing the hair with a fine-toothed comb over a piece of white paper to see if any lice drop out.

Most people prefer to try natural methods to treat this problem first. This is a good idea because lice are becoming increasingly resistant to chemical treatments. The most effective is wet combing but it is hard work and you'll need to be persistent.

The best procedure is as follows:

- Wash the child's hair and apply a generous amount of conditioner, which should be left in.
- Use a good quality fine toothed steel comb and comb the child's hair in small sections over a piece of paper so you can see the lice drop out. Wipe the comb clean on a piece of tissue between each stroke.
- Continue until you can't see any more lice or nits after combing. This will probably take at least half an hour.
- Repeat every three or four days for at least two weeks so you remove any hatching lice before they have the chance to lay new eggs. You can't remove the eggs by combing, only the lice.

Alternatively you could try an insecticide lotion. You will need to apply the lotion to all areas of the child's scalp. It usually needs to be left in for up to 12 hours. For most brands, two applications a week apart are needed.

If lice are still present after the second application, they may be resistant to it. Try a different brand with different active ingredients. It can take several treatments to get rid of the eggs and lice completely. Medicated shampoos and lotions contain quite strong chemicals, so some people may have an allergic reaction to them. Some brands are not suitable for children with asthma.

What's going to help?

Cleaning combs and brushes regularly helps prevent transferring the lice back onto the scalp. Try not to share brushes with other people. Maybe have one for each child.

Check the rest of the family for signs of head lice and treat if necessary. Inform friends and family who may come into contact with a child with head lice.





Further Guidance

Allergy UK

Allergy Help Line: (01322) 619864

Website: www.allergyuk.org

Website: www.allergyuk.org/information-and-advice/for-school/academys

The Anaphylaxis Campaign

Helpline: (01252) 542029

Website: www.anaphylaxis.org.uk and www.allergyinAcademys.co.uk

SHINE - Spina Bifida and Hydrocephalus

Tel: (01733) 555988 (9am to 5pm) Website: www.shinecharity.org.uk

Asthma UK (formerly the National Asthma Campaign) Adviceline: 08457 01 02 03 (Mon-Fri 9am to 5pm)

Website: www.asthma.org.uk

Council for Disabled Children

Tel: (020) 7843 1900

Website: www.ncb.org.uk/cdc

Contact a Family

Helpline: 0808 808 3555

Website: www.cafamily.org.uk

Cystic Fibrosis Trust

Tel: (020) 8464 7211 (Out of hours: (020) 8464 0623)

Website: www.cftrust.org.uk

Diabetes UK

Careline: 0845 1202960 (Weekdays 9am to 5pm)

Website: www.diabetes.org.uk

Department for Education and Skills

Tel: 0870 000 2288

Website: www.dfes.gov.uk

Department of Health

Tel: (020) 7210 4850 Website: www.dh.gov.uk

Disability Rights Commission (DRC)

DRC helpline: 08457 622633 Textphone: 08457 622 644

Fax: 08457 778878

Website: www.drc.org.uk



Epilepsy Action

Freephone Helpline: 0808 800 5050 (Monday - Thursday 9am to 4.30pm, Friday

9am to 4pm)

Website: www.epilepsy.org.uk

Health and Safety Executive (HSE)

HSE Infoline: 08701 545500 (Mon-Fri 8am-6pm)

Website: www.hse.gov.uk

The Health and Safety (First-Aid) Regulations 1981

https://www.legislation.gov.uk/uksi/1981/917/regulation/3/made

Health Education Trust

Tel: (01789) 773915

Website: www.healtheducationtrust.com

Hyperactive Children's Support Group

Tel: (01243) 551313

Website: www.hacsg.org.uk

MENCAP

Telephone: (020) 7454 0454 Website: www.mencap.org.uk

National Eczema Society

Helpline: 0870 241 3604 (Mon-Fri 8am to 8pm)

Website: www.eczema.org

National Society for Epilepsy

Helpline: (01494) 601400 (Mon-Fri 10am to 4pm)

Website: www.epilepsysociety.org.uk

Psoriasis Association

Tel: 0845 676 0076 (Mon-Thurs 9.15am to 4.45pm Fri 9.15am to 16.15pm)

Website: www.psoriasis-association.org.uk/

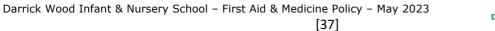
Gov.uk Head Lice (Pediculosis)

Guidance on Infection Control in Schools and Other Childcare Settings

NHS Head Lice and Nits

Supporting Policies

- Asthma Policy
- Control of Infections Policy
- Educational Visits Policy
- Health and Safety Policy
- Supporting Pupils with Medical Conditions Policy



Monitoring and Implementation Policy

The policy is reviewed annually, although the Trust may vary or amend it periodically to ensure that we fulfil our obligation around the First Aid & Medicine Policy. All proposed changes to this policy would be made following the approval from the Committee.

	Name	Date
Policy written by	Headteacher/Principal	May 2023
Reviewed by Committee	CET Board	May 2023
Approved by the Committee	CET Board	May 2023
Adopted by Governing Board	CET/LGB Board	June 2023
To be reviewed annually		
Review by	May 2024	