

Year 2 – PE
Unit 3-Gymnastics
 Term: Spring 1

Knowledge and skills

To think of more than one way to create a sequence which follows a set of rules.	To control my body whilst balancing and travelling.	To turn whilst jumping.	To climb safely. To think of more than one way to create a sequence.	To show body control whilst travelling, jumping, turning and travelling.
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Vocabulary

Travel
 Balance
 Climb
 Turn
 Sequence
 Body
 Control
 Jump

Visual representations

tuck jump



pencil jump



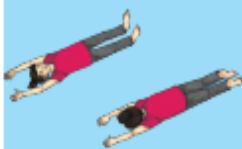
star jump



pike jump



pencil roll



forward roll



cartwheel (roll)



running



leaping



skipping



walking

